

**EXCEL IN BASKETBALL AWARD WINNERS**

**SITE: Mt Diablo**

**Session: 1**

**YEAR: 1990**

**Pac 10**

**Big East**

**College**

**NBA**

<i>Outstanding</i>	Eric Bucklew	Michael Yrueta	Rob Sherry	Jim Simpson
<i>Defensive</i>	Carrie Joost	Steve Burke	Omar Sison	Steve Yonge
<i>Improved</i>	Mike Polanger Ryan Tipton	Theresa Couch Audrey Schumer	Rich Castillo Mario Esola	Brian Sposato Jason Jackson
<i>Inspirational</i>	Shelby Stricklin P.J. Vesely	Drew Bennett James Biller	Cory Swint Zack Lassiter	Brian Sardelich Bill Cory

**Pac 10 All Stars**

**Big East All Stars**

**College All Stars**

**NBA All Stars**

Eric Bucklew  
Tim Harwood  
Brian Noeth  
Kipper Hardwick  
Brad Michel  
Jared Angell  
Grey Weaver  
Jeremy Karas  
Julie Burton  
Carrie Joost  
Billy Krause

Tom Krause  
Adam Sugarman  
John Coughlan  
Meghan Sandner  
Ryan Nohr  
Steve Etheredge  
Mike Yrueta  
James Biller  
Steve De Benedetti  
Audrey Schumer  
Steve Burke

Kendall Nielsen  
Matt Collins  
Omar Sison  
Rob Sherry  
Steve Dietschy  
Frankie Allocco  
Nathan Smith  
Jesse Sandhu  
Mike Bennish  
Shawn Allen  
Barrett Frost  
Cory Foskett

Brian Sardelich  
Aaron Sandner  
Chris Perkins  
Aaron Cousins  
Jim Simpson  
Bill Cory  
Ryan Pender  
Seth Pfalzer  
James Norris  
Steve Yonge  
Tom Hoelgaard  
Brian Sposato

**Free Throw Champions**

**One On One Champions**

	40 atts.
8 Matt Topliff	10
9 Jared Angell	22
10 Brad Michel	26
11 Steve Etheridge	29
12 Frank Allocco	33
13 Greg Michel	33
14 Eddie Rathbun	29
15 Aaron Sandner	33
16 Jim Bradshaw	33
17 Brian Sardelich	

8-9B Jared Angell	12B Matt Collins
8-9G Zack Rose	12G John Coughlan
10B Mike Hoffert	13B Steve Dietschy
10G Brian Noeth	13G Ryan Parker
10P Kelly Collins	14B Jesse Sandhu
10R Leigh Ann Carson	14G Rob Sherry
11B Ryan Nohr	15B Dave Mason
11G Steve De Benedetti	15G Seth Pfalzer
11R Julie Burton	16B Tom Hoelgaard
12/13R Kristina De Benedetti	17/18B Steve Yonge

# EXCEL IN BASKETBALL AWARD WINNERS

SITE: Mt Diablo

Session: 2

YEAR: 1990

**Pac 10**

**Big East**

**College**

**WNBA**

<i>Outstanding</i>	Billy Krause	Steve Burke	Josh Carter	Shannagh Dely
<i>Defensive</i>	Nicole Gorman	James Biller	Anthony Whirlow	Michelle Bateman
<i>Improved</i>	Adam Lerner Justin Hirashima	Gus Panagotocous Kevin Mason Mayker Bantz	JM Neudecker	Cheryl Chase Lisa Flower
<i>Inspirational</i>	Sean Greenwood Dan Baker	Scott Barker Laura Hattersley	Bryan Noard Danny Grewen	Julie Stranahan Nicole McAllister

**Pac 10 All Stars**

**Big East All Stars**

**College All Stars**

**WNBA All Stars**

Adam Lerner	Tracy Morris	Tom Krause	Frank Allocco	Danielle DuBois
Grey Weaver	James Biller	Scott Baker	Tony Kauke	Lexi Brown
Mayker Bantz	Andy Shogan	Matt Brush	Shawn Allen	Sarah Hoeft
Brian Thomson	James Lathrop		Ricky Croy	Nicole McAllister
Kim Kennedy	Dave Parker		Cory Foskett	Kristen Allocco
Justin Smith	Steve Burke		Bryan Noard	Lexi Rugg
Tony Noceti	Mike Kennedy		Kevin Walsh	Shannagh Daly
Jeff Dunbabin	Anik Clemens		Anthony Whirlow	Julie Stranahan
Dave Barale	Gus Panagotocous		Joshua Carter	Stacey Ernsberger
Sean Greenwood	Chris Thomsen		Dave Mason	Michelle Bateman
P.J. Vesley	Marci Ernsberger			Kortni Ingebritsen
Ami Maggi	Mike Allocco			Stephanie Hayes
Jared Angell	Mike Yrueta			Kelly Morris
Billy Krause	Laura Hattersley			Amy Leal
	Mike Carrigg			

**Free Throw Champions**

**One On One Champions**

	40 Atts.	8B Julie Morris	12B Ricky Croy
08 Julie Morris	12	9R Ami Maggi	13B Shawn Allen
09 Jared Angell	19	9B Jared Angell	13G Tony Kauke
10 Dave Shank	26	9G Brian Thomsen	13R Carly Jasper
11 Tina Alexander	26	10B Grey Weaver	14B Joshua Carter
12 James Biller	30	10R Kim Kennedy	14R Andrea Geddes
13 Cory Foskett	28	11B Ryan Nohr	14P Kelly Morris
14 Kelly Morris	30	11G Chris Thomsen	15R Michelle Bateman
15 Michelle Bateman	29	11R Tina Alexander	16R Shannagh Daly
16 Shannagh Daly	28	12R Tracy Morris	17R Julie Stranahan
17 Jenni Morrissette	24	12G Greg Peinado	

# EXCEL IN BASKETBALL AWARD WINNERS

SITE: Mt Diablo

Session: 3

YEAR: 1990

**Pac 10**

**Big East**

**College**

**NBA**

<i>Outstanding</i>	Kevin Vinta	Ryan Inouye	Rachel Huang	Matt Trepinski
<i>Defensive</i>	Jack Doherty	Tristen Teasdale	Cory Foskett	Doug McAllister
<i>Improved</i>	Nicole Schofield Justin Smith	Marie Prosek Jenny Prosek	Dave Colon Matt Nelson	Matt Ayres Aaron Cousins
<i>Inspirational</i>	C.T. Hurt Ryan Thompson	Kelly Leavy Ryan Siamas	Eric Rittenhouse Matt Harden	Julie Stranahan Scott Lopker

**Pac 10 All Stars**

**Big East All Stars**

**College All Stars**

**NBA All Stars**

Brian Noeth	Doug Macaluso	Ryan Inouye	Anthony Whirlow	Matt Trepinski
P.J. Huang	Kelly Leavy	Andy Shogan	Mark Lewis	Doug McAllister
Eric Anderson	Mike Allocco	John Nolan	Wink Wheeler	Scott Lopker
Courtney Moll	Ryan Ayars	Marie Collins	Matt Babrick	Aaron Cousins
Robert Sayegh	Dave Parker	Jeff Hough	Eric Rittenhouse	Tom Rogers
Kit Gallup	Kevin Marchetti		Kevin Childers	Shawn Allen
J.T. Kerns	Jared Christensen		Rachel Huang	Marc Johnston
Scott McDevitt	Jenny Trepinski		Frank Allocco	Paul Barbieri
Jack Doherty	Tom Swimme		Matt Harden	Andy Johnson
Kevin Vinta	Randy Bowles		Cory Foskett	Mark Carver
Angela Washmera	Tristen Teasdale		Marick Mata	
Chris Nelson	Bryan Walton		Pat Kavanagh	
Ryan Thompson	Joey Wombacher			
	Denise McCurry			
	Germone Johnson			

**Free Throw Champions**

**One On One Champions**

	40 Atts.	8-9B	JT Kearns
8-9	Joey Fuston 14	9-10R	Angela Washmera
10	Germone Johnson 26	10B	Eric Bucklew
11	Matt Ryan 27	10W	Ryan Thompson
12	Kevin Marchetti 26	10G	Germone Johnson
13	Cory Foskett 35	11B	Mike Allocco
14	Bill Cosgrove 28	12B	Frankie Allocco
15	Kristen Allocco 28	13B	Matt Harden
16	Andy Johnson 31	13R	Rachel Huang
		14-15B	Matt Trepinski
		14+ R	Julie Stranahan

**EXCEL IN BASKETBALL AWARD WINNERS**

**SITE: Mt Diablo**

**Session: 4**

**YEAR: 1990**

**Pac 10**

**Big East**

**College**

**WNBA**

<i>Outstanding</i>	Sean Southard	Alex Butler	Bryan Noard	Nicole McAllister
<i>Defensive</i>	Matt Ertle	Anthony Lavelle	Bill Cosgrove	Jenny Morrisette
<i>Improved</i>	Jason Solis Mercedes Amarant	Scott Cosgrove Lynette Dubois	Cameron Oakes Eric Greathouse	Stephanie Patz Angela Littorno
<i>Inspirational</i>	Heidi Clemens Karie Varni	Kelly Walsh Ryan Wuebbles	Cory Foskett Tristen Teasdale	Alexandria Lavelle Jill Changaris

<b>Pac 10 All Stars</b>	<b>Big East All Stars</b>		<b>College All Stars</b>	<b>WNBA All Stars</b>
Ethan Berger Ryan Stanton Sean Southard Gus Argenal Mercedes Amarant Matt Coffee Alicia Tolibas Michael Lind Jason Tolibas Heidi Clemens Matt Ertle Cameron Kirkham Scott Ito J.T. Kerns	Jeff Velotta Ryan Leptien Aaron Siebert Dave Parker Germone Johnson Aaron Zimmerman Ryan Inouye Jeff Freeman Lynette Dubois Alex Butler Kenneth Kearns Anthony Lavelle Eric Barnett Jason Ovadia	Dan Graves Dave May Scott Baker Kelly Walsh	Dave Mason Cory Foskett Frank Allocco Eric Holmberg Francisco Gomez Bill Cosgrove Dalton Brown Matt Babrick Shawn Allen Darren O'Sullivan Bryan Noard Mark Lewis Jason Chudy Anthony Whirlow Ryan Wuebbles Mike Fuller	Kristen Allocco Lexi Brown Jill Changaris Sarah Hoef Nicole McAllister Nicole Kenyon Jenny Morrisette Melissa Coronel Sharlene Hilliard

<b>Free Throw Champions</b>	<b>One On One Champions</b>																																																											
<table> <tr><td>8-9 JT Kerns</td><td>21</td></tr> <tr><td>10 Germone Johnson</td><td>26</td></tr> <tr><td>11 Eric Barnett</td><td>25</td></tr> <tr><td>12 Christian Knight</td><td>30</td></tr> <tr><td>13 Shawn Allen</td><td>31</td></tr> <tr><td>14 Chris Whirlow</td><td>28</td></tr> <tr><td>15 Kristen Allocco</td><td>31</td></tr> <tr><td>16 Melissa Coronel</td><td>30</td></tr> <tr><td>17 Jenni Morrisette</td><td>29</td></tr> </table>	8-9 JT Kerns	21	10 Germone Johnson	26	11 Eric Barnett	25	12 Christian Knight	30	13 Shawn Allen	31	14 Chris Whirlow	28	15 Kristen Allocco	31	16 Melissa Coronel	30	17 Jenni Morrisette	29	<table> <tr><td>8-9B</td><td>Gus Argenal</td></tr> <tr><td>9-10R</td><td>Julia Cesnick</td></tr> <tr><td>9G</td><td>JT Kerns</td></tr> <tr><td>10B</td><td>Germone Johnson</td></tr> <tr><td>10G</td><td>Robbie Ellis</td></tr> <tr><td>11R</td><td>Monica Mannoni</td></tr> <tr><td>11B</td><td>Ryan Wuebbles</td></tr> <tr><td>11G</td><td>Eric Barnett</td></tr> <tr><td>12R</td><td>Kelly Walsh</td></tr> <tr><td>12B</td><td>Dave Parker</td></tr> </table>	8-9B	Gus Argenal	9-10R	Julia Cesnick	9G	JT Kerns	10B	Germone Johnson	10G	Robbie Ellis	11R	Monica Mannoni	11B	Ryan Wuebbles	11G	Eric Barnett	12R	Kelly Walsh	12B	Dave Parker	<table> <tr><td>12G</td><td>Michael Smith</td></tr> <tr><td>13R</td><td>Jill Harnish</td></tr> <tr><td>13B</td><td>Shawn Allen</td></tr> <tr><td>13G</td><td>Frank Eide</td></tr> <tr><td>13W</td><td>Tim Netherton</td></tr> <tr><td>14R</td><td>Jill Changaris</td></tr> <tr><td>14P</td><td>Jenny Frias</td></tr> <tr><td>14B</td><td>Bob Dawson</td></tr> <tr><td>15R</td><td>Kristen Allocco</td></tr> <tr><td>16-17R</td><td>Kathleen Oswald</td></tr> </table>	12G	Michael Smith	13R	Jill Harnish	13B	Shawn Allen	13G	Frank Eide	13W	Tim Netherton	14R	Jill Changaris	14P	Jenny Frias	14B	Bob Dawson	15R	Kristen Allocco	16-17R	Kathleen Oswald
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